

Planning Leisure Time

After six months, check in: how did you do? Family members may want to continue with these activities or try new ones. Activities require coordination and cooperation and working together *for fun* can strengthen family ties.

Start Date:	Check in Date:
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Name:

<input type="checkbox"/> Have an adventure	<input type="checkbox"/> Other ideas:	<input type="checkbox"/>
<input type="checkbox"/> Develop new skills	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Get involved in the community	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Enhance fitness	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Try new foods	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Build something	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Be creative (music, art, cooking)	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Play games	<input type="checkbox"/>	<input type="checkbox"/>

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